During a whirlwind week across eight university campuses, newly appointed IU President Adam W. Herbert greeted more than 300 members of the IU Northwest campus community.

He arrived at the Gary Airport on the morning of Thursday, June 12 welcomed by Chancellor Bruce Bergland. Herbert and his wife, Karen, each received a gift bag that contained a khaki button-down shirt with an embroidered IU Northwest logo on the pocket. The group took a drive around downtown Gary before arriving at campus for a reception, a press conference and a meeting with northwest Indiana legislators.

The response to the president’s visit was overwhelmingly positive. A reception line of at least 300 people wishing to shake hands with Herbert extended far into the hallway of the Library Conference Center.

“I know many of you had the chance to meet the president personally, and I’m confident you were as impressed as I am,” Bergland said.

In his speech to the campus community, Herbert promised to visit frequently and praised the efforts of the university noting the advantage of being the only regional campus with a medical school.

“I really understand the reality of being on a regional campus. I understand the special challenges all of you face on a daily basis,” Herbert said. “I’m a listener.”

Herbert will begin his tenure at Indiana University on August 1. A longtime leader in the Florida higher education system, Herbert currently is a Regents Professor and the executive director of The Florida Center for Public Policy and Leadership at the University of North Florida (UNF). He served as the president of UNF for nearly 10 years, from 1989 to 1998.

From 1998 to 2001, Herbert led the nation’s second-largest university system, serving as the sixth chancellor of the State University System of Florida. He oversaw a higher education system with a $5 billion budget and 250,000 students.

Herbert is the founding director of The Florida Center for Public Policy and Leadership, which focuses interdisciplinary research efforts on important public policy challenges in the state. Among issues at the forefront of the center’s work are public education, criminal justice, the study of children and families, the environment and health care.

When asked by the media what his thoughts on the spotlight of race in university admissions due in part to the University of Michigan affirmative action case now in the U.S. Supreme Court, Herbert responded by saying that he believes diversity is an important part of campus life.

During his tenure at Florida, Herbert developed a Pathway to Success program targeting mostly inner-city youth in funding college education for academically outstanding low-income students. Herbert said he recognizes that students on all IU campuses are coming from different backgrounds and interaction among those from rural and urban areas gives students opportunities to learn from each other.

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UPS donates $50,000 for Children's Literacy Initiative

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LU Northwest received a $50,000 grant from the UPS Foundation, the charitable arm of United Parcel Service. The grant will be used toward the Children's Literacy Initiative. The IU Northwest Children's Literacy Initiative is designed to raise awareness of the value of early intervention and provide programs and resources to parents and children from birth to six years of age. It is also the research and service project of the IU Northwest's Shared Vision offering literacy education, materials and workshops to local parents and caregivers to enrich family efforts and prepare their children for the opportunities that reading will bring.

"We are extremely pleased of our partnership with UPS and appreciate the commitment they have made to our institution," said Bruce Bergland, chancellor.

"Education and literacy are strongly linked and continue to be issues of concern. This generous gift will help us to move closer to providing resources to ensure early intervention."

Established in 1951 and based in Atlanta, Ga., the UPS Foundation identifies specific areas where its support will clearly impact social issues. The foundation's major initiatives currently include programs that support family and workplace literacy, prepared and perishable food distribution and increased nationwide volunteerism.

"UPS is honored to be invited to participate in assisting Indiana University Northwest in this most notable endeavor," stated Tom Volta, division human resources manager, CACH District, UPS, Hodgkins, Ill. facility. "We are pleased to be able to give something back to the local community. The leadership and commitment of Bruce Bergland and his team to make this initiative a reality is something we are truly proud to be a part of."

In 2001, the UPS Foundation distributed more than $40 million worldwide. Of that amount, more than $20.5 million was awarded through the Corporate Grant Program, $3.1 million was distributed through the Region/District Grant Program, $2.5 million was awarded through the Community Invested Grant Program and $9.3 million was donated to the United Way. Last year, the UPS Foundation distributed $4.8 million in local charitable giving.

"UPS and its employees have always been committed to serving the communities where we live and work. In fact, community service is a key part of our company charter," said Evern Cooper, president of the UPS Foundation and executive vice president of UPS corporate relations. "UPS's support of the Children's Literacy Initiative signifies our shared focus and commitment to improve our communities."

UPC donates $50,000 for Children's Literacy Initiative

President

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"The reality is that we live in a global community," Herbert said.

A pictorial essay of Herbert's visit to the campus can be found online at http://www.indiana.edu/~breaking/press/iun.shtml.

Community leader receives highest honors

Dr. Clarence Boone of Gary received Indiana University's highest honor for alumni during IU's Cream and Crimson homecoming weekend ceremony in Bloomington, Ind.

Five alumni received the Distinguished Alumni Service Award on Sunday, June 15 in Alumni Hall, Indiana University Memorial Union. The award is given for distinguished service in the recipient's chosen field and for significant contributions that benefit the community, state or nation.

Boone is a tireless leader for both the city of Gary, Indiana University and IU Northwest. His career as an obstetrician and gynecologist spanned 35 years. He has encouraged countless children, many of whom he delivered, to pursue their own dreams of higher education.

It was Boone's dream to become a doctor. He was one of five African-Americans to enter the IU School of Medicine in 1952 and the only one to graduate in four years. As an undergraduate at IU, he worked closely under his mentor former Chancellor Dr. Herman B. Wells. Wells was instrumental in promoting diversity and making campus facilities accessible to African-American students. Boone said Wells made a lasting impression on him.

"I am where I am today because of mentors like Dr. Wells and teachers who helped me realize how to achieve my goals," he says. "So when I tell students to keep their dream alive, I'm speaking from experience and trying to instill the same determination that others instilled in me at a young age."
A new phrase has hit the campus and it can be heard wherever there is food. “How many points is that?”

Those staffers pondering the answer to that question are Weight Watchers members. Approximately 30 faculty, staff and members of the community are taking part in the first session of Weight Watchers at IU Northwest. In eight weeks this group lost a remarkable 168 pounds. This is a feat that makes their leader, Kathy Cunningham, proud. She is the Weight Watchers team leader to many organizations across northwest Indiana participating in the program. Every Monday from Noon to 1 p.m. members gather in Savannah Center, room 205/206 to weigh-in, discuss their food journals and how they’ve managed through the week. The meetings are designed to be uplifting and supportive. In one meeting, the group role-played how to keep up good eating habits when faced with challenges like cookouts or parties. Cunningham says studies show that members who attend meetings are more likely to keep the weight off.

Attending the meetings is what motivates Suzanne Green, assistant to the dean of Public and Environmental Affairs. She said she enjoys the program over past diets because she doesn’t have to deprive herself of the types of food she enjoys. This system has taught her how to manage food consumption throughout the day.

“I now know how I should’ve been eating all my life,” Green said.

Weight Watchers uses a point system where every food is given a points value based on its calorie, fat and fiber content. Based on a person’s current weight, he or she chooses meals that stay within a daily points range. When a person engages in activity, the number of minutes the activity is done and its level of intensity are given a points value. This value can be swapped for additional food points. For example, if someone craves a Big Mac from McDonald’s, they can have it, but it may mean eating less the rest of the day.

Carrie Greer, secretary, Office of Student Life and Athletics weighs in with Kathy Cunningham, leader of the Weight Watchers program at IU Northwest.

“Winning the losing battle.”

“I now know how I should’ve been eating all my life,” Suzanne Green.

Student Life and Athletics, said that having this program at work has given her more motivation to lose weight. She started the program to kick-start losing extra pounds she gained while pregnant last year.

“I work 100 feet from the Fitness Center, but that wasn’t enough to keep me on track. Now, I’ll see people and we ask each other about points. They understand what you’re going through,” Greer said.

It’s a fun group to joke around with, according to Trish Ierino, Credit Union. Ierino and Jackie Cheairs, senior library assistant, both members of the IUN Wellness Team, are two of the people responsible for bringing the Weight Watchers program to campus.

“It’s just going very, very well. Jackie brought it up at one of our meetings and it’s just been so convenient and the health benefits to losing weight are numerous. Also, healthier employees make less insurance claims.” Ierino said.

Cunningham’s favorite thing about leading programs is the health benefits. Obesity can lead to diabetes, high blood pressure, high cholesterol, which leads to heart attacks and strokes.

“Being healthy can save your life,” she said.

Anyone, including the public, can join the program at any date within the series. Each series runs for 10 weeks. The next series begins Monday, July 14. Payment for that series is due Monday, July 7 for existing and new members. The fee to join is $109.50. Payment can be made in three installments of $36.50. For more information about joining the program contact, Trish Ierino at ext. 6935 or Jackie Cheairs at ext. 6851. The Weight Watchers program is sponsored by the IUN Wellness Team.
Fran Goldie, assistant to the Dean of Social Work, adjusts the hood of Susie Bonaventura, a graduate receiving a master’s degree in social work.

Recorder in the School of Nursing, Laura Graves, right, guides her students to their places before the ceremony. Approximately 68 students received nursing degrees at the May commencement.

Indiana University Northwest awarded 842 degrees on Thursday, May 15 at the Genesis Convention Center in Gary. Chancellor Bruce Bergland said the members of the class of 2003 were more active in volunteerism and service activities than any previous graduating class. He mentioned several students as examples of the type of students that have given back to their communities while attending the university. Roughly 75 percent of IU Northwest alumni reside in northwest Indiana, and he encouraged the graduates to find one way to contribute to their community and consider the possibilities of the impact. “In this country we consider access to higher education a privilege not an entitlement. With privilege comes responsibility... ” Bergland said.
Velate Sullivan, secretary in Allied Health, a division of the Nursing and Health Professions Department, receives congratulations from Chancellor Bruce Bergland during the fourth annual Ring Ceremony held at the IU Northwest campus. Sullivan graduated this May with a Bachelor of Science degree in Computer Information Systems. Rings can only be purchased by currently enrolled students and alumni who have completed at least 56 credit hours of course work, thereby achieving junior or senior status. The ring is a symbol of academic accomplishments and represents a lifelong bond to the university.

During the School of Environmental and Public Affairs hooding and awards ceremony, Carolyn Jordan gets help putting on her cap. Jordan received a Master of Public Affairs degree at commencement ceremonies in May.

Leissa Pierson, who received a Bachelor of Science degree in education in May, sits with her son and mother during the education school honors reception. This year, Pierson won the Outstanding Future Teacher Award presented by the Indiana Association of Colleges for Teacher Education. She is a member of Delta Phi Mu sorority and works part time in the education department training professors in new software.
Colleagues and friends joined the Minority Studies Department in saying good-bye to Danille Taylor-Guthrie, professor and former chair of the department. Taylor-Guthrie will begin in the fall as Dean of Humanities at Dillard University in New Orleans. The department presented her with a plaque honoring more than a decade of dedicated teaching. Shown from left, Professor of Latino Studies Raoul Contreras, Associate Professor Danille Taylor-Guthrie, Dean of the College of Arts and Sciences Dorothy Ige and Associate Professor of Afro-American Studies Earl Jones.

Special Events Coordinator Tameka Edwards-Chihota stands with Actor Danny Glover, shown left, during his visit to campus to promote kidney disease awareness. He made his appearance during the 2003 Spring Health Expo, which was held on campus Sunday May 4 and sponsored by The Methodists Hospitals of Gary and Merrillville. Glover is the national spokesperson for Anemia Lifeline, which is an educational initiative created in collaboration with the National Kidney Foundation, The Wellness Community and the National Anemia Action Council. Glover joined the cause last year after his father was treated for anemia.

A retirement reception was held Monday, June 9 to honor 2003 retirees (from left) Lecturer of English Ralph Powell, Professor of Economics Gary Lynch and Associate Professor of Geosciences Robert Votaw. Family, friends and colleagues joined the campus in honoring each of the retirees. Many in the crowd stood up to tell stories of how much they learned from each professor and that their influential presence on campus will be missed.
The Pre-Health Professional program has set a record with six applicants into medical schools. In addition, three students were accepted into dental school; three students were accepted into pharmacy school; and one student was accepted into occupational therapy school. In addition, for the first time in four years since offering the Baccalaureate/Medical Scholarship, all four selected students accepted the scholarship and will begin their academic careers at IU Northwest this fall. In the past, at least half would reject the scholarship for other schools.

Readers of the Northwest Indiana Business Quarterly voted Indiana University Northwest as the "Best Place for a Working Adult to Earn a Business Degree." The magazine polled readers to pick the region’s best in numerous categories. The results were printed in the Spring 2003 issue. Readers said they liked that the IU Northwest MBA program, a division of the School of Business and Economics, is geared toward working adults requiring only two night classes per week, with no weekend commitments. Northwest Indiana Business Quarterly is published as a supplement to the Indiana Business Magazine, which reaches more than 93,000 readers.

Laura Graves, recorder in the School of Nursing, is one of four recipients of a $1000 scholarship made possible by a community investment grant from Indiana Public Broadcasting, Inc., through WYIN Channel 56 and Speaking of Women’s Health organization. Graves holds an associate degree in sociology and is currently pursuing a Bachelor’s degree in nursing.


Ruth Needleman, professor and chair of the Division of Labor Studies, presented her book, Black Freedom Fighters in Steel: The Struggle for Democratic Unionism as part of a steel-making exhibit at the Lake County Visitor’s Center. Jonathan Comer, retired steelworker from the old Youngstown Sheet and Tube and one of the steelworkers featured in Needleman’s book, signed copies of his book on steel furnaces. The Lake Street Gallery and Barnes and Noble bookstore also held a reception and discussion featuring Needleman.

Ten professors have been selected to receive the 2003 Trustee Teaching Award. This award is presented to full time faculty members who have proven teaching excellence as seen in, enthusiasm about teaching and encouraging classroom discussion. Winners must also clearly demonstrate that their course material reflects the important aspects of the course disciplines and share expertise with colleagues. This year’s winners are: John Dustman of Merrillville, Biology; Chuck Gallmeier of Gary, Sociology; Mark Hoyert of Valparaiso, Psychology; Iztok Hozo of Valparaiso, Mathematics; Kristin Huysken of Chicago, Geosciences; Lori Montalbano-Phelps of Hammond, Communication; Geoff Schultz of Schererville, Education; Atilla Tuncay of Chesterton, Chemistry; and Roberta Wollons of Hobart, History. The trustee teaching award committee, made up of members of the IU Northwest Faculty Organization, chooses the winners.

Keith Kirkpatrick, executive director of the Institute for Innovative Leadership was honored with the Indiana Small-Business Advocate award by the U.S. Small Business Administration.
On your next visit through downtown Highland be sure to stop and check out “Hoosier Ducky,” the official IU Northwest duck on display in front of the Town Theatre on Kennedy Avenue. The duck is part of a summer series of decorated plaster ducks located throughout the downtown Highland area through Labor Day. Designed by the marketing and communications staff, “Hoosier Ducky” stands proudly at nearly 4 feet in height.