

Indiana University Northwest Child Care Center  
Discipline Policy

The Indiana University Northwest Child Care Center follows a positive discipline policy. Caregivers do the following :

1. Communicate to children using positive statements.
2. Encourage children, with adult support, to use their own words and solutions in order to resolve their own interpersonal conflicts.
3. Communicate with children by getting down to their eye level and talking to them in a calm quiet manner about what behavior is expected.
4. Involve themselves in children's play to avoid possible conflicts.

Caregivers are not allowed to do any of the following:

1. Inflict corporal punishment in any manner upon a child's body.
2. Hit, spank, beat, shake, pinch, or any other measure that produces physical discomfort.
3. Use cruel, harsh, unusual, humiliating, or frightening methods of discipline, including threatening the use of physical punishment.
4. Place a child in a locked or dark room.
5. Use public or private humiliation, yelling or abusive or profane language.
6. Associate disciplinary action or rewards with rest time.
7. Associate disciplinary action with food or use food as a reward.
8. Associate disciplinary action or humiliate a child in regard to toileting.

Caregivers should use Time-Out sparingly. They should try to redirect children to appropriate activities and encourage them to use their words. If Time-Out is used it is not to exceed one (1) minute per year of age of the child.

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Date

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Signed