

# IU Northwest Library Newsletter

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## Library News

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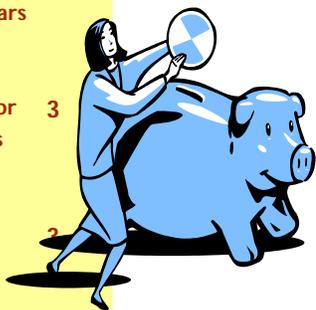
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### Over 100 Books Received on Gandhi, King and Ikeda

The Library received a donation of over 100 books by Soka Gakkai International (SGI). The books consist of topics on Mohandas K. Gandhi, Martin Luther King, Jr. and Kaisaku Ikeda. SGI is a Buddhist network that promotes peace, culture, and education through personal change and social contributions. Many works are done on a grassroots level by individuals who participate in their workplaces, families, and communities. For more information, please visit: <http://www.sgi.org>

Ok, so you've rested over the holiday, eaten tons of food, had a great time, and now it's time to get back to reality. Now that it's the new year, you'll be bombarded with many advertisements promising consumers that they have the almighty solution for optimum health and weight loss. Although, this article could focus on health or highlight January being National Mail Order Gardening Month and Oatmeal Month, it will discuss tips and suggest IU Northwest Library's resources for Financial Wellness

### Mortgage Books Donated to the Archives

The Chicago Title Company in Crown Point donated over 2,000 mortgage books to the Calumet Regional Archives. These books contain information on real estate transactions within Lake County, dating back to the 19<sup>th</sup> century. For more information, please contact Steve McShane at 219-980-6628.

### Librarian Becomes an ALA Emerging Leader

Latrice Booker, Co-Coordinator of Library Instruction/Reference Librarian, has been accepted into the American Library Association's 2009 Emerging Leaders Program. In 2007, Emerging Leaders began as

one of six initiatives by past president, Leslie Burger. The Emerging Leaders program gives newer librarians from across the country the chance to problem solve within work groups; network with peers; get a look inside the inner workings of ALA and serve the library profession in a leadership capacity. The program puts librarians on the fast track to ALA and professional leadership.

### Technical Services

The Technical Services Department provides access to the Library's scholarly information resources. Resources are obtained and identified for purchase through ... (continued on page 4)

## Get in Shape: Trim Expenses and Start Saving

Month.

### Tips for Saving Money

**Eat out only once or twice a week** - According to the Bureau of Labor Statistics' 2007 Consumer Expenditure report, 34-44 year-olds spend the most money to eat out by spending \$3,268 a year on food away from home (excluding alcoholic beverages). This is an average of \$272.33 a month per person. For access to this report, please go to: <http://www.bls.gov/cex/2007/Standard/age.pdf> You can also view other Consumer Expenditure reports at <http://www.bls.gov/cex/>

### Pay yourself first -

Pay yourself first by opening up a bank account that is separate from your current bank account. There are some banks, such as EmigrantDirect.com, that are FDIC insured and accounts can be easily set up online. Then go to OneStart and set up direct deposit for this bank account for a predetermined amount of money. Start small, have \$25-\$50 come out automatically per pay. This way you will save money without worrying ... (continued on page. 4)

# So...What's New?

## Biology

**Anderson, Gail S.** (2007). Biological influence on criminal behavior. **HV6115 .A644 2007** 3rd floor

**Chang, In-Young.** (2006). Evolution. **QH366.2 .E84595 2006** 3rd floor

**Darwin, Charles.** (2006). From so simple a beginning: the four great books of Charles Darwin. (Edited by Edward Wilson). **QH365 .A1 2006** 3rd floor

## Business

**Blanchard, David.** (2007). Supply chain management: best practices. **HD38.5 .B476 2007** 2nd floor

**Deming, Scott.** (2007). The brand who cried wolf: deliver on your company's promise and make customers for life. **HD69.B7 D46 2007** 2nd floor

**Perloff, Jeffery M.** (2007). Estimating market power and strategies. **HG4026 .P4494 2007** 2nd floor

## Chemistry

**Kepler, Hans.** (2006). Water in nominally anhydrous minerals. **GB855 .W354 2006** 2nd floor



*Wells-Barnett*

## Dental Education

**Andrews, Esther K.** (2007). Practice Management for dental hygienists. **RK58 .A63 2007** 3rd floor

**Clark, Morris S.** (2008). Handbook of nitrous oxide and oxygen sedation. **RK512.N55 C58 2008** 3rd floor

**Royer, Royann.** (2007). Pain control for dental practitioners: an interactive approach. **RK510 .R78 2007** 3rd floor

## Nursing

**Carpenito-Moyst, Lynda Juall.** (2007). Understanding the nursing process: concept mapping and care planning for students. **RT48 .C373 2007** 3rd floor

**Dillion, Patricia M.** (2007). Nursing health assessment: a critical thinking, case studies approach. **RT48 .D54 2007** 3rd floor

**Saxton, Dolores F.** (2007). Mosby's review questions for the NCLEX-RN examination. **RT55 .M67 2007** 3rd floor

## February is Black History Month

What is now known as Black History Month, started in 1926 as Negro History Week. Carter G. Woodson was the son of former slaves and at the age of twenty, entered high school and finished within two years. Woodson later went to Harvard to earn a Ph. D. During his studies, Woodson was troubled at how Blacks were vaguely mentioned in history books, and when Blacks were mentioned, it was to demonstrate their inferior social position at that time. Negro History Week was introduced to bring national attention to the achievements of Black people. Woodson chose the second week in February because it contained the birthdays of Abraham Lincoln and Frederick Douglass.

Below are a few resources that are available in the IU Northwest Library.

**Davis, Lowell Kent.** (2007). A story untold: how five African American women used state aid acts to attain advanced degrees, 1940-1959. [available online through IUCAT]

**Gay, Kathlyn.** (2007). African-Americans holidays, festivals, and celebrations: the history, customs, and symbols associated with both traditional and contemporary religious and secular events observed by Americans of African descent. **GT4803.A2 G39 2007** 2nd floor

**Ingram, Ted Nicholas.** (2007). From challenged to triumphant: factors contributing to African American male doctoral students' persistence at predominantly White institutions. [available online through IUCAT]

**Johnson, Susan Denita.** (2007). Terms of engagement: what matters to African American college student participation in educationally purposeful activities.

**Marshall, Amani N.** (2007). Enslaved women runaways in South Carolina, 1820-1865. [available online through IUCAT]

## Library Trivia

- Which age group uses libraries most often?
  - 18-34
  - 35-54
  - 55 and over
- Sixty percent of men own library cards. True or False
- What book holds the record for being stolen most often from public libraries?
- Unscramble this book title.
 

giirno fo eth ceisspe
- The world's best selling author, Agatha Christie, sold more than...
  - 15 million copies
  - 500 million copies
  - 2 billion copies

Answers on page 4

Starting with October 2008, Volume 2, No. 1, volumes for the IU Northwest Library Newsletter now follows the academic year.



# The History of New Years

Currently, New Year's Day is a time for celebrating a new start. The old year is behind us and it's time to look forward to new beginnings. What is the history behind this day? January was not always the beginning of the new year. The Roman calendar was instituted around 738 B.C. by Romulus, the founder of Rome. The Roman calendar was only a ten month calendar, with March 1st being the beginning of the new year. September through Decem-

ber, currently the ninth through twelfth month, were originally the seventh through tenth month (septem is Latin for seven, octo is eight, novem is nine and decem is ten). In 46 B.C., with the birth of the Julian calendar, January 1st was decreed the new year. So why is January the name of the first month of the year? January is named after Janus, a Roman god. Janus is the god of gates and doors, and is also the god of beginnings and endings. Janus is represented as being double-headed, with both

heads looking in opposite directions. Janus was worshipped at the beginning of events, such as marriages, births, harvest time, and other important beginnings of a person's life. Throughout the Middle Ages, new year celebrations were considered pagan worship "and in 567 A.D. the Council of Tours abolished January 1st as the beginning of the year," (infoplease.com). However, throughout various places within Medieval Europe, Christians observed either December 25th, (continued on pg. 4)...

## It's Time for Web News

**Information Please** -  
www.infoplease.com

Information Please has been providing authoritative answers to all kinds of factual questions since 1938. First airing as a popular radio quiz show, then starting in 1947 as an annual almanac, Information Please launched infoplease.com in 1998. The radio show, Information Please!, was a weekly favorite on NBC from 1938 to 1952. Information Please! was

not an ordinary quiz show. Information, Please! was unique by changing the traditional roles of experts and contestants. The roles were switched by allowing the public to ask a panel of experts questions instead of the other way around. Experts would give an entertaining answer which sparked a country of listeners to ask questions on a variety of topics. Infoplease.com combines the content from encyclopedias, dictionaries, atlases and almanacs.

The website is updated by sports, entertainment, and reference editors. In addition to these contributions, infoplease.com uses: the TIME Almanac with Information Please; the ESPN/Information Please Almanac; Columbia Electronic Encyclopedia; Infoplease Dictionary; and the Infoplease Atlas. Infoplease.com is a one stop authoritative search engine for quick factual information.



## Spotlight On...

**Black Thought and Culture**

<http://www.iun.edu/~lib/databases/>

*Black Thought and Culture* is composed of nonfiction writings and orations from African American leaders from colonial times to present day. Authors range from teachers, athletes, entertainers, politicians, artists and many other areas. Included

in *Black Thought and Culture* are monographs, essays, articles, speeches, and interviews from black leaders speaking of their struggles with race and society.

This database is designed to provide primary information for research in political science, American history, music, black studies, art and literature. Researchers have the option of browsing the data-

base by providing specific searches. Browsing can be easily accomplished by utilizing the table of contents. Users can browse by author, source, year, historical events, subject, etc. *Black Thought and Culture* is a user friendly database that will appeal to researchers' desire for primary documents of African American leaders' experiences while being Black in America.



## Indiana University Northwest Library

Calumet Regional Archives: 980-6628  
 Circulation Desk: 980-6585  
 Reference Help Desk: 980-6582  
 Library Director: 980-6946  
 Library Instruction: 980-6625  
 Newsletter Editor: 980-6547  
 Systems Services (Interlibrary Loan): 980-6933  
 Technical Services: 980-6521

**IU Northwest Library...Your Question  
Deserves an Answer**

# Library Trivia Answers

1. B. 35-54 year-olds make up 43% of library users.
2. True.
3. Guinness Book of World Records.
4. Origin of the Species.
5. 2 billion. Agatha Christie (1890-1976) wrote 78 crime novels and sold more than 2 billion copies.

Questions on page 2.

*(The History of New Years continued from page 3)*

March 1st, or March 25th as the new year while also observing Christmas, the Feast of the Annunciation, or Easter. As of 1582, January 1st was again celebrated as New Year's Day with the birth of the Gregorian calendar (the calendar presently observed).

Many Catholic countries adopted the Gregorian calendar immediately, but Protestants countries were a little slower in adopting the new calendar. Eventually, the Gregorian calendar was adopted and January 1st was reestablished as the beginning of the new year.

For more information about the history of New Year's Day, please visit: <http://infoplease.com> For more information on the various calendars, please visit the Encyclopedia Britannica under our online databases at: <http://www.iun.edu/~lib/databases/>

*(Library News continued from page 1)*

Technical Services. Librarians, specialized in various subject areas, are assigned to departments and can assist liaisons in making appropriate selections for the collection. For a list of liaisons and assigned librarians, please go to: [http://www.iun.edu/~lib/technical\\_services/](http://www.iun.edu/~lib/technical_services/) For any questions about Technical Services, please contact Cynthia Szymanski at 219-980-6521 or email at [cszymans@iun.edu](mailto:cszymans@iun.edu).

The IU Northwest Library houses a collection of over 250,000 books and periodical volumes and 250,000 government publications. Special purpose areas include: the Calumet Regional Archives; the Northwest Indiana Center for Data and Analysis; and the Lake County Central Law Library. The IU Northwest Library can also access 7 million bound volumes and over 26 million other materials in the Indiana University Libraries' system. Books and journal articles held by Bloomington, Indianapolis and other regional campuses can be easily obtained for IU Northwest students and faculty through the System Ser-



*(Get in shape continued from page 1)*

...about the hassle of handling the transactions yourself. Also, since the money will be deposited with another bank, you will not have a constant reminder of untouched money that you can tap into.

For more information for Financial Wellness Month, please visit [http://wordsofwellness.com/Financial\\_Wellness.htm](http://wordsofwellness.com/Financial_Wellness.htm)

Also view available resources in IUCAT that can help you get in shape financially.

**Lehmann, Richard.** (2007). Income investing today: safety and high income through diversification. [available online through IUCAT]

**Weston, Liz Pulliam.** (2005). Your credit score: how to fix, improve, and protect the 3-digit number that shapes your financial future. [available online through IUCAT]

For electronic journals, go to <http://www.iun.edu/~lib/electinfo/>, and select "Electronic Journal." Go to "Browse e-journals by subject" and select "Business and Economics." Look under "Finance" and select either "Credit Debt & Loans," "Finance - General," or "Financial Management & Planning." There are over 100 journals in these areas that will provide you with up to date information about credit, debt and financial planning.